

Community Wellness Professional Development Trainings: 2012 Spring Series Schedule



Sessions are designed to take a comprehensive look at the impact to substance abuse in our community. All trainings are approved by the North Carolina Substance Abuse Professional Practice Board, with certification hours available to those who attend. Training sessions are \$20 per session, and are open to all professionals and the general public. Participants should pre-register online at www.anuvia.org and follow the Trainings tab.

Fetal Alcohol Spectrum Disorders: An Ounce of Prevention

March 22, 2 pm-4pm ■ 2 NCSAPPB credit hours

Fetal Alcohol Spectrum Disorders (FASD) are the only birth defects that are 100% preventable. This interactive session will help participants understand the impact of teratogen exposure, the importance of screening and brief intervention as well as the spectrum of these disorders, including the referral and diagnostic process, and how FASD may present in children.

Presenter: Amy Hendricks, BS,
Project Director,
North Carolina Fetal Alcohol Prevention
Program

HIV/AIDS: Disease Update

March 29, 2 pm-5pm ■ 3 NCSAPPB credit hours

This training will present new information on epidemiology, prevention and treatment, as well as material on Hepatitis C and other emerging challenges. This training will be paired with an overview of ethical principles used in working with HIV-infected clients conducted through interactive case study analysis.

Presenter: Michael P. Kennedy, MGA, MPH, CHES,
Public Health Grants, Education and Special
Projects Coordinator,
Mecklenburg County Health Department

Creating Lesbian, Gay, Bisexual, and Transgender Safe Space: Inclusivity Improves Treatment Outcomes

April 12, 2 pm-5pm ■ 3 NCSAPPB credit hours

Lesbian, Gay, Bisexual or Transgender (LGBT) individuals enter treatment programs with a unique set of challenges. This didactic and experiential workshop will explore the particular issues and life experiences that have contributed to the development of substance use disorders in LGBT individuals. Additionally, it will review the general constructs of sexual orientation and gender identity. Participants will become familiar with interventions specific to the LGBT individual's phase of identity development and will be introduced to methods for supportive, affirming and inclusive treatment environments.

Presenter: Ed Johnson, M.Ed., MAC, LPC,
South Carolina Program Manager,
Southeast Addiction Technology Transfer Center
(Southeast ATTC)

Breaking Down Walls And Creating Fences of Safety in our Relationships

April 19, 2 pm-4pm ■ 2 NCSAPPB credit hours

This presentation will help participants understand and discover the ways that we build walls that keep us from having real and honest relationships. Participants will discover some of these dysfunctional behaviors that affect our communication patterns and our inability to relate to others. Additionally, participants will uncover how the removal of fences or boundaries can allow clients to experience intimacy, honesty, safety and freedom in their relationships.

Presenter: Steve Benson, LPC-A,
Family Therapist,
Anuvia Prevention and Recovery Center

Drug Trends in Mecklenburg County

April 26, 2 pm-4pm ■ 2 NCSAPPB credit hours

Presenter will discuss current drug trends and paraphernalia used with drugs here in Mecklenburg County. Marijuana, Black Tar Heroin, Cocaine, and Prescription Drugs are some of the most widely abused drugs. A discussion on the laws that are enforced when these drugs are used illegally will be included.

Presenter: Jamie Almond,
Charlotte Mecklenburg Police Department

"What Happens After I Detox?" Treatment, or No Treatment: That is the Question

May 3, 2 pm-4pm ■ 2 NCSAPPB credit hours

This presentation will look at alternative engagement strategies and how to make treatment important for those caught up in the vicious cycle of addiction. The presentation will also examine the myths and facts about addiction and how the different components of treatment work together to carry out an effective treatment program. Participants will learn about effective treatment strategies and approaches, how to work with resistant clients, and other ways for effective recovery management.

Presenter: Melissa Benson, MA, MCAS, Clinical Counselor,
Anuvia Prevention and Recovery Center

Schedule Continued on Back

Sessions will be held at Anuvia: 100 Billingsley Road Charlotte, NC 28211, Room H.
For more information contact Rachelle Vo: Rachelle.Vo@Anuvia.Org or 704-927-8867